

# CHAPTER 1

My name is Sami. I am fifteen years old. I love playing football.

I play for my local football club, *Forest Green*.

Forest Green has a girls' team and a boys' team. I play for the girls' team. My brother, Janos, plays for the boys' team.

The boys' team is at the top of the **league**.

We **train** on Tuesdays and Thursdays, and we play a match on Saturdays.

Today is Tuesday. We have fitness training. Both of the teams train together.

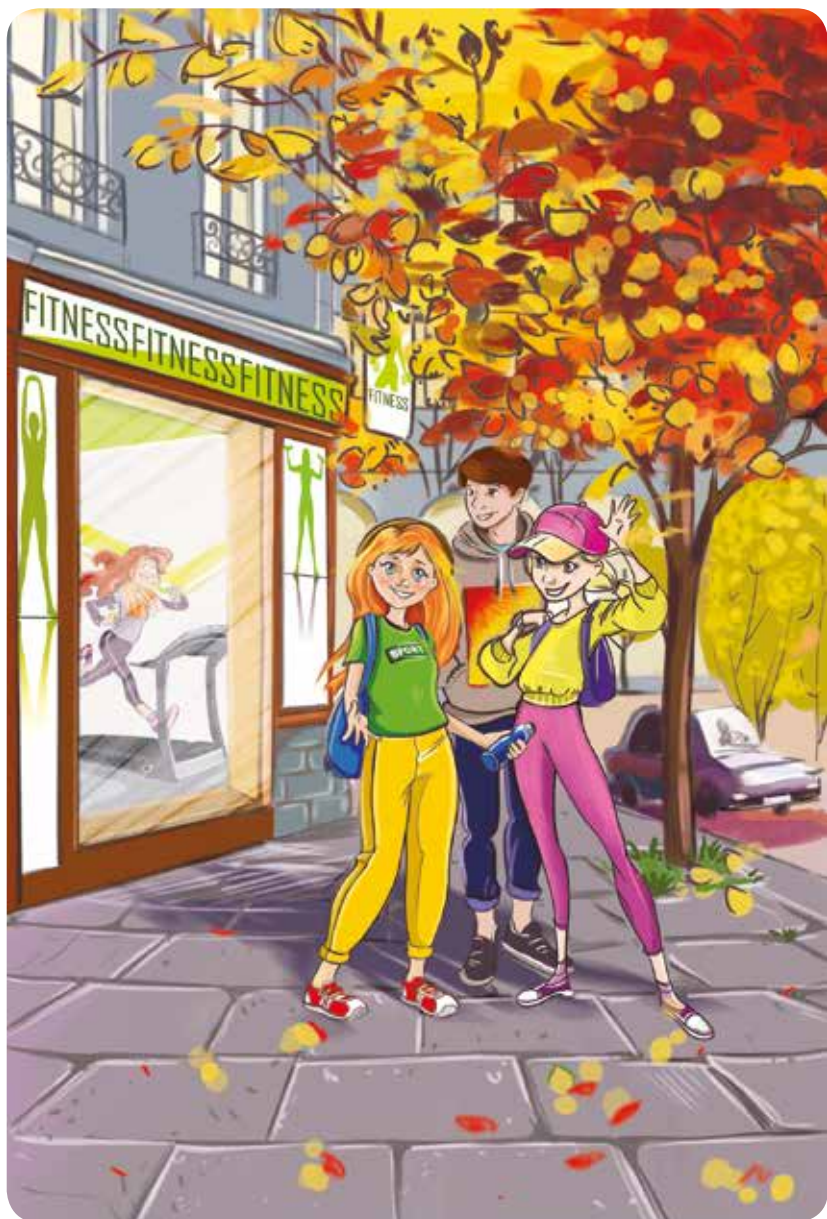
I walk to the club with Janos and my friend, Molly. Molly is the **goalkeeper** for the girls' team. Molly likes Janos, but Janos does not like Molly. "She is **mad**," he thinks.

**league** (n) a group of sports teams that regularly play one another

**train** (v) to prepare for a sports activity by doing a lot of exercise

**goalkeeper** (n) a player whose job is to stop the ball going into the goal

**mad** (adj) crazy, very silly



*I walk to the club with Janos and my friend, Molly.*

After the fitness training, we **jog** around the **pitch**.

The boys are running **ahead**. They are **showing off**. Some of the girls are running after them.

Molly and Janos are jogging together.

“Not so fast,” shouts Julia.

Julia is the manager of the girls’ team. She is **in charge of** fitness training.

“Jog backwards,” shouts Julia.

I am going backwards faster than others.

“Forwards,” shouts Julia.

Sometimes we jog forwards. Sometimes we jog backwards.

We jog around the pitch twice.

**jog** (v) to run slowly

**pitch** (n) an area of ground for playing a sports game

**ahead** (adv) in front; toward front

**show off** (phrasal verb) to try to impress other people with your abilities or with things that you have

**be in charge** (phrase) to be responsible for something; to be in control of something



*Molly and Janos are jogging together.*

# GRAMMAR CHECK

## Test 1

**Write these sentences in the question form.**

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1. She wears her football strip on Saturday.  
*Does she wear her football strip on Saturday?*  
.....
2. He plays chess with his friends every day.  
.....
3. They train every Tuesday and Thursday.  
.....
4. She visits her friend every Sunday.  
.....
5. The manager gives the players instructions.  
.....
6. We lose the match.  
.....
7. Pete does press-ups every morning.  
.....
8. She speaks four languages.  
.....
9. He runs so fast.  
.....
10. They jog around the pitch twice.  
.....

## Test 2

**Complete the sentences with an appropriate preposition.**

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1. They train ..... Tuesdays and Thursdays.
2. The boys' team is ..... the top of the league.
3. Most of the time on Thursday, they practise ..... the ball.
4. The players are talking ..... the game tomorrow.
5. Saturday is my favourite day ..... the week.
6. Molly and I walk ..... the football ground.
7. She is sitting next ..... the manager during the game.
8. Sami plays ..... her local club called Forest Green.

# VOCABULARY CHECK

## Test-1

Complete the sentences with these words.

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**louder**      **excited**      **bench**      **strip**      **clear**  
**favourite**      **pass**      **goal**      **way**      **kicks**

1. I feel so ..... when I am in the team.
2. Molly comes to my house. It is on her ..... .
3. Saturday is my ..... day of the week.
4. The players are wearing their football ..... .
5. I can't hear you. Can you speak ....., please?
6. The substitutes are sitting on the ..... .
7. The game ..... off at 7 p.m.
8. The other team is very good. They ..... the ball quickly.
9. Our defenders are playing well. They ..... the ball again and again.
10. I control the ball and run towards the other team's ..... .